



THE EVIDENCE-BASED  
PARENTING PROGRAM

# The Incredible Years® Basic Parent Group Leader Training 4-6 June 2026

The Incredible Years® is a series of evidence-based programs for parents, children, and teachers, supported by over 30 years of research. They have been proven effective in developing positive parent-child relationships, preventing behavior problems, and promoting social, emotional, and academic competence in children.

This 3-day training will prepare group leaders to implement **the Incredible Years® Toddler, Preschool, & School-Age (Basic) Parenting Programs**. After completing the training, participants will be eligible to implement the program in their clinical practice.

**Register HERE now!**

LIMITED SEATS! REGISTER EARLY!

## COURSE INFORMATION

Date:	<b>4-6 June 2026 (Thu-Sat)</b>
Time:	<b>10:00am-5:30pm</b>
Venue:	<b>Hong Kong Playground Association, 38 Nelson Street, Mong Kok, Hong Kong</b>
Trainer:	<b>Mr Peter Loft</b> Qualified trainer from the Incredible Years® Inc.
Medium of Instruction:	<b>English</b>
Target Participants:	<b>Mental health professionals and educators</b> (including clinical psychologists, educational psychologists, social workers, counselors, teachers, therapists and medical practitioners)
Course Fee:	<b>HKD 7800</b> Participants will receive certificate issued by The Incredible Years®, Inc. (USA) upon successful completion

FOR ENQUIRY:

Whatsapp: [6383 2633](https://www.whatsapp.com/channel/00299a61111111111111)

Email: [hk@leedsgroup.co](mailto:hk@leedsgroup.co)

## CONTENT OF THIS TRAINING

- Prepare participants to lead the Toddler, Preschool, & School-Age (Basic) Parenting Programs for parents of children ages 2-8 years.
- Facilitate parent training skills: play, special time, academic, social, and emotional coaching; praise and incentives; non-physical discipline alternatives; rules and responsibilities; limit setting; prosocial discipline; effective communication skills; problem-solving; strategies to foster homework completion and after-school monitoring; supporting children's learning at school.
- Group therapy process issues: empowering parents, collaboration, goal setting, dealing with resistance, confronting and teaching, principles of training, supporting and advocating for parents.
- Use the program as a prevention tool to promote children's social and emotional competence as well as academic success in schools.

## GOALS OF THE PARENT TRAINING SERIES

- Promote parent competencies and strengthen families.
- Increase positive and nurturing parenting and coaching skills.
- Reduce critical and harsh approaches by teaching proactive discipline strategies such as ignoring, using logical and natural consequences, redirecting, monitoring, and problem-solving.
- Improve parents' problem-solving, anger management, and communication skills.
- Increase family support networks and strengthen school involvement and bonding.

